

# ***Using Participatory Principles to Increase Cultural Responsiveness***

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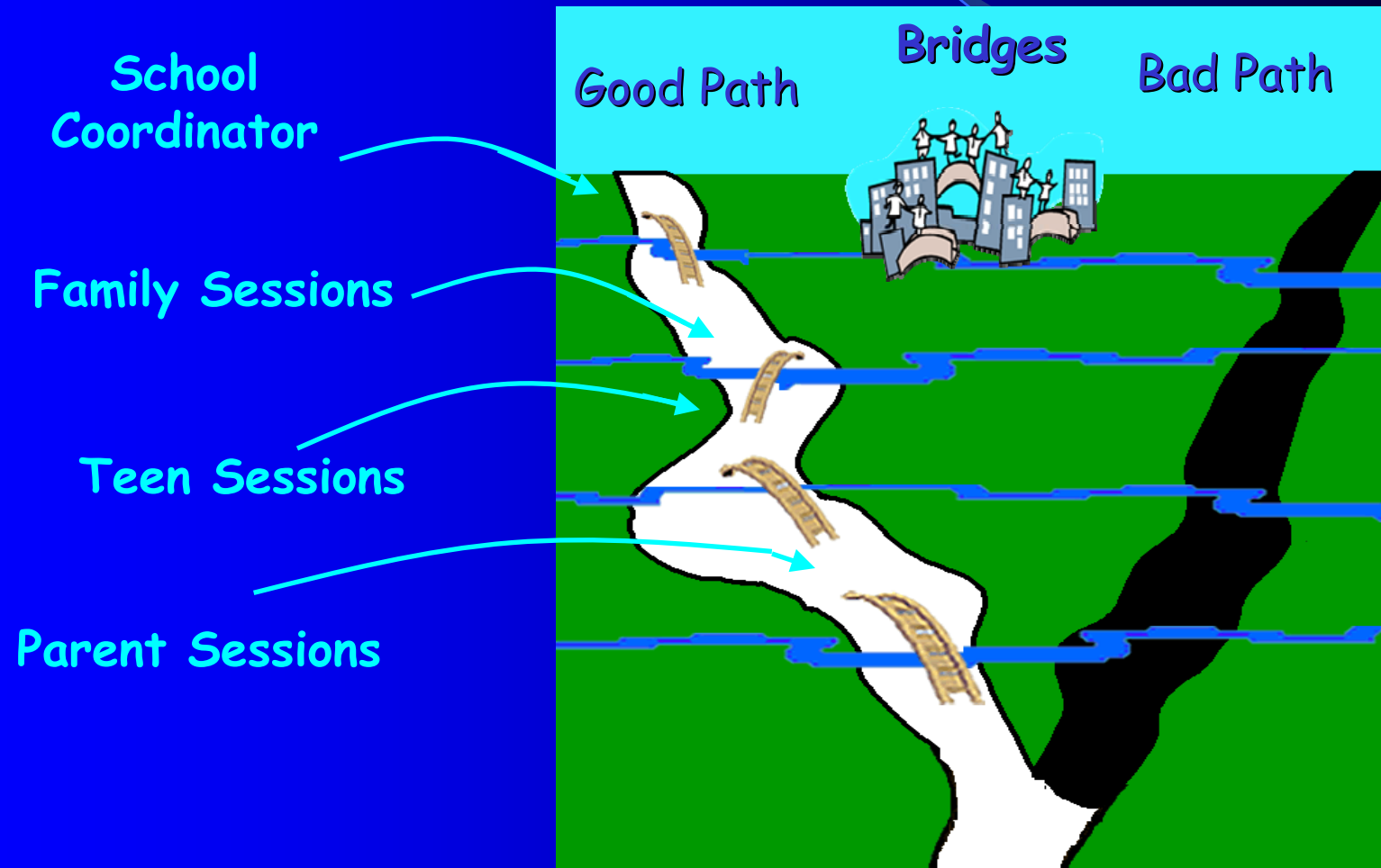
# *I acknowledge the contributions of . . .*

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- My colleagues Dr. Nancy Gonzales & Dr. Anne Mauricio
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  - Marc T. Atkinson Middle School
  - Desert Sands Middle School
  - Frank Borman Middle School
  - Estrella Middle School
- Phoenix Elementary District #1
  - Phoenix Preparatory Academy
- Members of the School Advisory Board
- National Institute of Mental Health

# Bridges/Puentes Intervention

Experimental Field Trial with 516 families; 2003-2005



# *Demonstrating Cultural Responsiveness in Preventive Intervention Development*

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1. Sample – targeted participants
2. Strategies – intervention content and processes
3. Systems – collaborating partners in implementing interventions

# *Participatory Principles Contribute to Cultural Responsiveness*

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1. Demonstrate cultural humility
2. Identify mutually valued goals and benefits

# 1. Sample – Learn About Targeted Participants

*Consulting community informants & the research literature*

- Learn about the characteristics of the targeted participants in the community
  - Risk and protective factors (quantitative surveys)
  - Perceived assets, stressors, and needs (qualitative interviews)
  - Community profile (demographics)
- Learn about targeted participants' preferences for intervention content and processes
  - Logistics, modalities, messages
- Permits developing a theory of intervention
  - How exactly will the intervention change a desired outcome or something that predicts the outcome

## 2. Strategies – *Designing Intervention Content & Processes*

*Deciding what participants will experience*

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- What topics, activities, and messages will fit the local cultural characteristics (e.g., language, education levels, values, neighborhood, collaborating partners' capacity)?
- What adaptation processes do we need to engage in? Who will be involved?

### 3. System – Collaborating with Partner(s)

*Working together to optimize success*

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- Identifying potential partners who are ready and willing to work with you in implementing the intervention
- Developing and maintaining a collaborative relationship over the course of the project. Requires setting up structures and processes that facilitate communication and problem solving.

# *Participatory Principles Applied to Collaboration with Partner Systems*

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With collaborating systems, in addition to:

1. Demonstrating cultural humility
2. Identifying mutually valued goals and benefits

Also need to:

3. Negotiate appropriate scope of collaboration
4. Maximize reciprocal learning
5. Foster role expansion and empowerment

# *What made our partnership successful?*

- Highly valued mutual goal and resource exchange
  - Enhancing students' academic engagement and performance
- Appropriate scope of collaboration
  - Respect for schools' interests and resources
- Reciprocal learning, expanded roles, and empowerment
  - School Advisory Board meetings and continuing communication exchanges reminded everyone of the mutual goal
  - We gave voice to SAB members' ideas and implemented them

# *Cultural Responsiveness Requires a Participatory Orientation Towards:*

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