

## Using Participatory Principles to Increase Cultural Responsiveness

Larry Dumka, Ph.D.

School of Social and Family Dynamics and  
*Prevention Research Center*  
ARIZONA STATE UNIVERSITY

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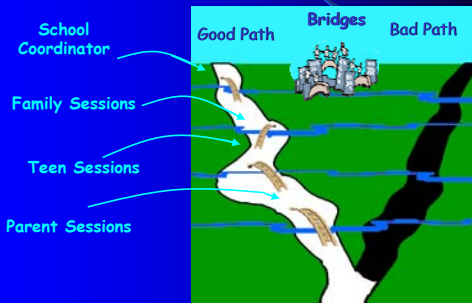
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- Members of the School Advisory Board
- National Institute of Mental Health

## Bridges/Puentes Intervention

Experimental Field Trial with 516 families; 2003-2005



## Demonstrating Cultural Responsiveness in Preventive Intervention Development

1. Sample – targeted participants
2. Strategies – intervention content and processes
3. Systems – collaborating partners in implementing interventions

## Participatory Principles Contribute to Cultural Responsiveness

1. Demonstrate cultural humility
2. Identify mutually valued goals and benefits

### 1. Sample – Learn About Targeted Participants

Consulting community informants & the research literature

- Learn about the characteristics of the targeted participants in the community
  - Risk and protective factors (quantitative surveys)
  - Perceived assets, stressors, and needs (qualitative interviews)
  - Community profile (demographics)
- Learn about targeted participants' preferences for intervention content and processes
  - Logistics, modalities, messages
- Permits developing a theory of intervention
  - How exactly will the intervention change a desired outcome or something that predicts the outcome

## 2. *Strategies* – Designing Intervention Content & Processes

*Deciding what participants will experience*

- What topics, activities, and messages will fit the local cultural characteristics (e.g., language, education levels, values, neighborhood, collaborating partners' capacity)?
- What adaptation processes do we need to engage in? Who will be involved?

## 3. *System* – Collaborating with Partner(s)

*Working together to optimize success*

- Identifying potential partners who are ready and willing to work with you in implementing the intervention
- Developing and maintaining a collaborative relationship over the course of the project. Requires setting up structures and processes that facilitate communication and problem solving.

## *Participatory Principles Applied to Collaboration with Partner Systems*

With collaborating systems, in addition to:

1. Demonstrating cultural humility
2. Identifying mutually valued goals and benefits

Also need to:

3. Negotiate appropriate scope of collaboration
4. Maximize reciprocal learning
5. Foster role expansion and empowerment

## *What made our partnership successful?*

- Highly valued mutual goal and resource exchange
  - Enhancing students' academic engagement and performance
- Appropriate scope of collaboration
  - Respect for schools' interests and resources
- Reciprocal learning, expanded roles, and empowerment
  - School Advisory Board meetings and continuing communication exchanges reminded everyone of the mutual goal
  - We gave voice to SAB members' ideas and implemented them

## *Cultural Responsiveness Requires a Participatory Orientation Towards:*

1. Sample – targeted participants
2. Strategies – intervention content and processes
3. Systems – collaborating partners in implementing interventions