













Overview - Families F.I.R.S.T

- A parent, guardian or custodian of a child who is named in a report to CPS as a victim of abuse or neglect, where substance abuse is a significant barrier to maintaining or reunifying the family.
- A person whose substance abuse is a significant barrier to maintaining or obtaining employment and is a recipient of TANF.

Overview - Families F.I.R.S.T.

- There are 9 Arizona Families F.I.R.S.T. (AFF) contracts statewide with TERROS holding the contract for Maricopa County for the 7th consecutive year.

Overview - Parent to Parent

- May 2007 – DES became aware of the grant opportunity.
- July 3, 2007 – DES submitted a proposal to the Administration for Children and Families, Children's Bureau.
- October 2007 – DES was notified of grant award.
- November 2007 – Attended RPG Kick-off meeting.

Overview – Parent to Parent

- Enhancement of Families F.I.R.S.T.
- Funds:
 - Recovery Coach Coordinator
 - 5 Recovery Coaches
 - Independent Evaluation
- Funding for 3 years with graduating match.

Overview - Parent to Parent

- Focuses on improving two outcomes.
 - Engagement
 - Continuation (retaining clients in treatment)
- Various strategies were implemented.
 - Contingency management
 - Participation in TDM meetings
 - Availability of assessments within 5 days
 - Providing transportation

Implementation - Planning

- Planning for the Parent to Parent Recovery Coach Program took approximately 7 months from the award date of October 2007 to the implementation date of April 1, 2008.
- The project is overseen by 2 planning committees:

Implementation - Committees

- The **Core Committee** consists of key project managers for the program, (meets monthly).
- The **Program Committee** consists of members representing the various agency partnerships and stakeholders, (meets quarterly).

Implementation - Milestones

- The Recovery Coach Coordinator was hired in January 2008.
- Five Recovery coaches were hired in the months of March and April 2008, (3 females and 2 males, one of whom is Spanish speaking).
- First clients assigned on April 1 2008.
- Each recovery Coach carries a case load of approx 15-20 clients.

Implementation - Aims

The Four Aims or Goals of the Recovery Coach program:

- **Engage** clients into treatment.
- **Encourage** clients to remain in treatment.
- Help clients **Negotiate** the child welfare system.
- **Guide** clients through the process of recovery.

Training - Purpose

Our training program is designed to help our coaches to better understand and share their own successes with the child welfare system and with recovery thereby preparing them to share these experiences in ways that help others achieve success.

Training

- Recovery Coaches are trained to assist the client to believe that they can meet their goals. (Hope)
- Coaches do not give directives. Instead, they encourage problem solving with the focus on a solution.
- Ongoing training allows the coaches to build their own discipline, skills and knowledge.

Training – Curriculum

Recovery Innovations (RIAZ)

Peer Support Training

- Introduction and Intention, Resilience and Recovery.
- Ethical Guidelines and Boundaries.
- Recruiting, Training and Supervising.
- Creating the Environment for Effective Peer Support.

Training – Curriculum

Building A Better Future

- Module One: Orientation and Introduction.
- Module Two: Grief and Loss.
- Module Three: Communication Skills.
- Module Four: Self-Advocacy.
- Module Five: Effective Meetings.

Training – Curriculum

- **CPS:** The Guiding Principles of ADES
- Substance Exposed Newborns Safe Environment (SENSE)
- Family Centered Practice

Total Training hours for each coach: 130+

Responsibilities

- Daily
- Weekly
- Monthly

How Coaches are Assigned

- The Referral Screening Process
- TDM' S : Team Decision Making Meeting
- Therapists Referral
- Families F.I.R.S.T Case Manager Referral

DATA

- Based on data gathered from April 1, 2008 to May 20, 2008, (7 weeks)
- Total of 69 clients served by the Parent to Parent program
 - 44 Methamphetamine
 - 10 Marijuana
 - 9 Cocaine
 - 3 Heroin
 - 2 Alcohol
 - 1 PCP

DATA – Key Outcomes

- Engagement: 26% improvement rate on getting the clients engaged into treatment
- Continuation: of 69 clients referred, 64 are still engaged in treatment



Recovery Coach Introduction

Please Welcome

PARENT TO PARENT RECOVERY COACHES

❖ **MICK HOWLAND**

❖ **JULIE DUMAS**



For More Information Contact

- Aimee Amado -602-542-1792 AAmado@azdes.gov
- Ron Carpio -602-512-2995 ronc@terros.org
- Kate McGinty-602-797-7032 kathrynm@terros.org
- Michael Howland 602-797-7012 michaelh@terros.org
- Julie Dumas-602-797-7059 julied@terros.org

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